

10-Week Devotional
Ages 7-12



THE ARMOR OF God

A KIDS GUIDE TO STANDING
STONG IN FAITH

GROWING KIDS FOR THE KINGDOM

Introduction

Armor of God: A Kids Guide to Standing Strong in Their Faith is a devotional series to help kids understand who their enemy is and stand against his attacks by putting on each piece of the armor of God. This 10-lesson devotional will help your kids get a deeper understanding of the spiritual battle and help them apply the armor of God to their own lives in practical ways.

How to Use:

It is best to read through and discuss one lesson per week with your children. Each devotional discusses a verse from Ephesians 6 and provides questions to get your kids thinking. Let your kids answer the questions before looking up the verses and then discuss again after they have looked them up or read them. Then work through the scenario questions to help them apply what they have learned to everyday situations.

The Armor of God Prayer can be read or memorized to help your kids remember each piece of armor and what each one means.

The Armor of God Prayer Chart can be used as a tool to help your children pray the armor of God when they are tempted in different ways.

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WEEK ONE

Be Strong in the Lord

“Finally, be strong in the Lord and in His mighty power.” Ephesians 6:10 (NIV)

Introduction

- ? What movies or books have you seen that talk about fighting off evil or “bad guys?”
- ? Do you like it when the good characters conquer evil and win? Or heroes rescue princesses from the villains?

God put the desire for good to win over evil in our hearts. In fact, there is a TRUE BATTLE going on around us that He wants us to be a part of to fight off the evil in this world. We can't see the battle, but it is real! Satan, God's enemy, wants to keep us from following God. But God is MUCH stronger than the enemy, and we can use God's strength to fight off the enemy when he tempts us to do wrong or turn from God.

Who? Who is the source of our strength?

Let's read the following verses to find out!

“Finally, be strong in the Lord and in His mighty power.” Ephesians 6:10 (NIV)

“My son, be strong in the grace that is yours in Christ Jesus.” 2 Timothy 2:1 (NIRV)

“I can do all this by the power of Christ. He gives me strength.” Phillipians 4:13 (NIRV)

- ? The enemy wants us to find our strength in anything BUT God. Where do people look to find their strength other than God?

Why? Why should we find our strength in God?

Let's read the following verses to find out!

“You created the deepest parts of my being. You put me together inside my mother's body. How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well.” Psalm 139:13-14 (NIRV)

“But he said to me, ‘My grace is all you need. My power is strongest when you are weak.’ So I am very happy to brag about how weak I am. Then Christ's power can rest on me.” 2 Corinthians 12:9 (NIRV)



WEEK ONE

Be Strong in the Lord

We can find our strength in God because He is our creator and knows everything about us. God's Word tells us to find our strength in Him.

How? How do we find our strength in God to fight off the enemy? Let's look at some more verses.

"For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus." Ephesians 2:6 (NLT)

1. Knowing Your _____ .

We need to know our **identity**. Jesus won the battle against the enemy when He rose from the dead. And when you trust Jesus, the enemy doesn't have control over you. God has given us everything we need to be strong and victorious against the enemy. We just need to plug into God's power like a vacuum needs to be plugged into the wall to have power.

"Blessed is the person who obeys the law of the Lord. They don't follow the advice of evil people. They don't make a habit of doing what sinners do. They don't join those who make fun of the Lord and his law. Instead, the law of the Lord gives them joy. They think about his law day and night. That kind of person is like a tree that is planted near a stream of water. It always bears its fruit at the right time. Its leaves don't dry up. Everything godly people do turns out well." Psalm 1:1-3 (NIRV)

2. Obeying/Meditating/Memorizing _____ .

We need to obey, meditate, and memorize **God's Word**, the Bible! We will learn later how very important it is when we talk about the sword of the Spirit! It helps us to stay strong in God's truth and not believe the lies of the enemy. It is like using a sword to attack our enemy! How do you think we can learn to use this sword?



WEEK ONE

Be Strong in the Lord

"My sadness has worn me out. Give me strength as you have promised." Psalm 119:28 (NIRV)

"Godly people cry out, and the Lord hears them. He saves them from all their troubles."
Psalm 34:17 (NIRV)

"But you will receive power when the Holy Spirit comes on you." Acts 1:8 (NIRV)

3. _____ and ask God for help. Ask Him to fill you with His
_____.

We need to **pray** and ask for God's help and for Him to fill us with His **Holy Spirit!** If God's Word is like the sword to fight off the enemy, prayer is like calling on the big hero of the story to fight the battle for us. And God promises when we cry out for help, He will hear us and save us from the enemy. Sometimes God doesn't take our trial away immediately. In those times we can pray for strength to get through the trial. When we ask God's Holy Spirit to fill us, He strengthens us to withstand any trials that come our way.

Prayer



Dear Lord, Thank you that you promise to be our strength no matter what we face in life. Thank you for saving us, so the enemy has no control over us. Thank you for giving us your Word, prayer, and your Holy Spirit, so we can find our strength in you. Amen.



WEEK ONE

Be Strong in the Lord

Scenario Questions

Use the verses we discussed to see how you can rely on God's strength in each situation.



A student at school is teasing a girl in your class and is wanting you to join in and make fun of her too. What should you do according to Psalm 1:1?



You are having a hard time learning the material for your test next week. You tell your mom you don't want to go to school because it is too hard. Who might be tempting you to feel overwhelmed and give up? According to Psalm 34:17, what can you do to rely on God's strength?



You meet someone your age at the park and he tells you he is really sad because his parents don't live together anymore. He tells you he doesn't think anyone cares about him. You want to tell him about the love of Jesus, but you are scared. What can you do according to Acts 1:8?