



LESSON

23

# FAMILY DISCIPLESHIP TIME

## Virtuous Heart: Doing What God's Word Says

**Objective:** Students learned that doing what the Bible teaches helps us become more like Jesus.

**Bible Verse:** James 1:22 *"But don't just listen to God's Word. You must do what it says."* (NLT)

**Bible Story:** Jesus is Virtuous and Washes the Disciples' Feet (John 13:1-17)

### Action Steps:

- 1. Bible Time:** As a family, read *Jesus is Virtuous and Washes the Disciples' Feet*, and discuss why Jesus washed the disciple's feet. Think of ways that you can serve others that may not be enjoyable, like washing someone's feet, and how that shows the person love.
- 2. Scripture Memory:** Practice singing or reciting the memory verse each day as a family.
- 3. Practice:** Pray about what behavior each of your children really needs help with right now. For example, if one is having difficulty obeying, choose a related verse, such as the one we learned, "Children, obey your parents in everything, for this pleases the Lord." Read the verse you found with your child and talk about how we need not just to hear the verse but follow it in order to have a virtuous heart. Then give your child a specific goal this week to follow the verse. Praise them or perhaps a reward for having a "virtuous" heart. **Place stickers or checkmarks next to VIRTUOUS on your Character Trait Sticker Chart every time you catch your children displaying a virtuous heart.**
- 4. Model:** Pray about a way you can serve others or your family this week and talk about how you are practicing having a virtuous heart this week with your children. Children will pick up character traits more easily when they see a good model from parents! 😊