



LESSON

4

FAMILY DISCIPLESHIP TIME

Content Heart: Being Happy with What God Has Given You

Objective: Students learned about the joy that comes from being happy with what God has given you.

Bible Verse: Psalm 23:1 *"The Lord is my Shepherd; I shall not want."* (ERV)

Bible Story: Jesus is Content and Teaches About the Prodigal Son (Luke 15:11-32)

Action Steps:

1. Bible Time: As a family, read *Jesus is Content and Teaches About the Prodigal Son*, and talk about the difference between the content son and the one who was not.

2. Scripture Memory: Practice singing or reciting the memory verse each day as a family.

3. Practice: When your children see things they want in the store, encourage them to have a content heart (try having them state, "I like..." rather than "I want...". When eating a meal that is not their favorite, remind them to say, "thank you" and, "I don't care for that, but I will eat it anyway." Praise your children for being content and consider giving them a special treat they do like for having a content heart. **Place stickers or checkmarks next to CONTENT on your Character Trait Sticker Chart every time you catch your children displaying a content heart.**

4. Model: Demonstrate a content heart yourself by talking openly about being content with situations in your own life. Children will pick up character traits more easily when they see a good model from parents! 😊