



LESSON

6

# FAMILY DISCIPLESHIP TIME

## Encouraging Heart: Helping Someone Feel Better or Have Courage

**Objective:** Students learned that helping someone to feel better or to have courage makes us more like Jesus.

**Bible Verse:** 1 Thessalonians 5:14 "Encourage those who are afraid." (ERV)

**Bible Story:** Jesus Encourages Zacchaeus (Luke 19:1-10)

### Action Steps:

**1. Bible Time:** As a family, read *Jesus Encourages Zacchaeus* and talk about how Jesus was encouraging to Zacchaeus and how this changed his life for the better.

**2. Scripture Memory:** Practice singing or reciting the memory verse each day as a family.

**3. Practice:** Talk to your children about how they can encourage a friend or sibling that is sad or afraid, such as sharing a Bible verse, giving a hug, letting someone know God is with him/her. Practice these kinds of things this week when the opportunity arises. Pray together as a family that God will give you encouraging hearts for one another, friends, and people you meet. **Place stickers or checkmarks next to ENCOURAGING on your Character Trait Sticker Chart every time you catch your children displaying an encouraging heart.**

**4. Model:** Demonstrate an encouraging heart by using encouraging words with family members. Children will pick up character traits more easily when they see a good model from parents! ☺